**Project Title:** Personal Assistance for Seniors who are Self-Reliant **Project Design Phase-I** - **Solution Fit Template Team ID:**PNT2022TMID50604

**Focus on J&P, tap into BE, understand RC**

**Explore AS, differentiate**

**Deﬁne CS, ﬁt into CC**

Various solutions available are

- Pill reminder charts

- Multi compartment compliance aid

- Automated pill dispenser

- Voice reminders

- Watch reminders

**AS**

**5. AVAILABLE SOLUTIONS**

- The Elder people should be aware of using smart phones.

- Internet connection is mandatory.

- Device should be place near the patient always.

**CC**

**6. CUSTOMER CONSTRAINTS**

**CS**

**1. CUSTOMER SEGMENT(S)**

Elderly peoples who are self-reliant and are aged from 60-80 years .

People with memory loss problems.

Elderly people can make use of the user guide available in the application.

Demo links will be provided so that they can get better understanding of the working.

Voice instructions can be provided for understanding.

**BE**

**7. BEHAVIOUR**

**RC**

**9.PROBLEM ROOT CAUSE**

Memory loss problems

Lack of Caretakers

**J&P**

**2. JOBS-TO-BE-DONE / PROBLEMS**

Since elderly people tend to forget things easily they should be reminded of their medicines and their exercise time.

Frequent check-up need to be done.

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| --- | --- | --- | --- | --- |
| **Identify strong TR & EM** | **3. TRIGGERS TR**  Advertise our product in advertisements such that the customers/Old peoples with learning disabilities can also get to know about it and make use of it. | **10. YOUR SOLUTION SL**  With the user information collected reminding the elders the correct medicine at the correct time through voice commands.  Providing proper instructions to the elders regarding their diet plan and exercise time. | 1. **CHANNELS of BEHAVIOUR CH**     1. **ONLINE**   Elder people should be aware of using latest technologies.   * 1. **OFFLINE**   Forgetting to take medicine on time. And their family suggesting them to keep a caregiver along with them. |  |
| **4. EMOTIONS: BEFORE / AFTER EM**  n.  BEFORE:  Some elder people might feel that they are so helpless to consume the vaccine or pills on time without the help of others. They used to think themselves as burden for their children because of dependency.  AFTER:  With pill reminder they don’t need someone to remind them of their medicine and duties so that they feel burdenless |